

## DETERMINATION AND VALIDATION OF METOPROLOL AND ATORVASTATIN SIMULTANEOUSLY BY RP-HPLC METHOD IN TABLET DOSAGE FORM

#### Farheen Begum, R. Vani\*

Department of Pharmaceutical Analysis and Quality Assurance, Shadan Women's College of Pharmacy,

Khairatabad, Hyderabad, Telangana, India.

Submitted on: 18.09.19;	Revised on: 22.09.19;	Accepted on: 24.09.19

#### **ABSTRACT:**

A new simple procedure was developed to simultaneously estimate metoprolol and atorvastatin and also validated by RP-HPLC method in tablet formulation. The separation of the peak was achieved on Inertsil ODS-3 (4.6 $\tilde{A}$ —150 mm, 5 $\mu$ m) column using the mixture of Phosphate buffer pH 3: Methanol 50:50v/v ratio as mobile phase. The injection flow rate was maintained at 1 ml/min, and run time was 10.0 mins. UV detection of both the drugs was achieved at 244nm at ambient temperature. The results obtained for this method were in the acceptance criteria and therefore can be employed to estimate metaprolol and Atorvastatin in other dosage forms as well.

KEY WORDS: Metoprolol, Atorvastatin, ICH guidelines, method development, validation

Corresponding Author: Dr. R. Vani Email\_id: <u>vrathipelli@gmail.com</u>

Indian Research Journal of Pharmacy and Science; 22(2019)1952-1965; Journal Home Page: https://<u>www.irjps.in</u> DOI: 10.21276/irjps.2019.6.3.6

#### **INTRODUCTION**

Metoprolol is chemically 1-[4-(2-methoxyethyl )phenoxy]-3-[(propan-2-yl)amino] propan-2-ol as shown in figure 1. It is selectively  $\beta_1$  inhibitor, specifically to cardiac cells with minute effect on  $\beta_2$  receptors. It causes -ve chronotropic and inotropic effects thereby decreasing the cardiac output and exhibits no activity towards membrane stabilization or intrinsic sympathomimetics.<sup>1-3</sup> and therefore produces reduction on heart-rate and cardiac output in dose dependent manner in normal subjects.

Atorvastatin is chemically (3R,5R)-7-[2-(4fluorophenyl)-3-phenyl-4-(phenylcarbamoyl)-5propan-2-ylpyrrol-1-yl]-3,5-dihydroxyheptanoic acid as shown in figure 2. It is an anti hyperlipedemic agent and is used in the treatment of individuals with high cholesterol levels. <sup>4</sup> Antihyperlipedemic activity of shown as it competitively inhibits the HMG-CoA reductase enzyme which is involved in cholesterol

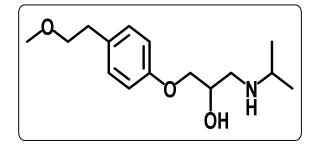


Figure 1: Structure of Metaprolol

#### MATERIALS AND METHODS

Metoprolol and Atorvastatin were obtained as gift sample from Pharmatrain lab, Hyderabad, India. Methanol as well as water of HPLC grade was purchased from MERCK. Potasium Dihydrogen phosphate and ortho phosphoric acid was obtained from Finar chemicals and Molychem respectively. synthesis, thereby decreasing the hepatic cholesterol levels and also increase the HDL levels reducing the risk of cardiovascular mortality rate. <sup>5,6</sup> It is primarily used to prevent coronary heart disease (CHD), myocardial infarction and other cardio vascular disorder.

Literature survey reveals certain developed method to determine metoprolol as well as Atorvastatin which include LC-ESI-MS method <sup>7,8</sup>, HPLC, <sup>9-12</sup> HPTLC method, <sup>13-14</sup> UPLC method, <sup>15</sup> and UV spectroscopic method. <sup>16-18</sup>. There was only one RP-HPLC method reported to estimate metoprolol.<sup>19</sup> However, there was no reported method to estimate metoprolol and Atorvastatin simultaneously, hence, a new simple, precise and accurate method was developed in the present study to determine the amount of metoprolol and Atorvastatin present in pharmaceutical dosage form.

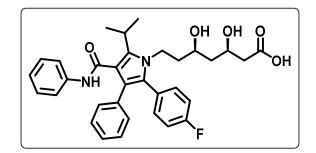


Figure 2: Structure of Atrovastatin

MET XL ATF tablets were purchased from pharmacy.

#### Instrumentation

HPLC system (WATERS) empowered with 2695 separation module was used for the separation of metoprolol and atorvastatin. Detection was achieved using UV/VIS spectrophotometer (LABINDIA UV 12.500<sup>+</sup>) where instruments such as pH meter used was Adwa — AD 10100 and weighing machine belongs to Afcoset ER-1000A.

#### Method development

As there was no economical method observed for the determination of metoprolol as well as Atorvastatin simultaneously, a new method was felt to be developed using RP-HPLC method. Several trails were performed to optimize using various mixtures of solvents as mobile phase. Optimized trial was chosen considering the parameters such as theoretical plates, resolution and retention time.

### Preparation of buffer and mobile phase Preparation of buffer

Weigh accurately 3.5 gms of  $KH_2PO_4$  mixed in 1L of HPLC water. pH was adjusted up to 3.0. Final solution was subjected to filtration through 0.44  $\mu$ m membrane filter and was sonicated for 10 minutes.

#### Preparation of the mobile phase

0.5L (50%) of above buffer solution was mixed with 0.5L (50%) of Methanol HPLC. It was then degassed in a sonicator for around 10 minutes and subjected to filtration through  $0.45\mu$  filter under vacuum filtration. The same solution was used as diluents.

# Preparation of metoprolol and Atorvastatin solutions

#### **Standard Solution Preparation:**

50 mg of Metoprolol and 10 mg of Atorvastatin working standard were weighed accurately and transferred into a 100 ml clean dry VF to which 7 mL of diluent was added and sonicated to dissolve completely. The volume was madeup to the mark with same solvent after which 1.5ml of this solution was pipetted into a 10ml VF and diluted up to the mark with diluent.

#### **Sample Solution Preparation:**

10 tablets of MET XL ATF, weighed accurately, crushed and powder containing equivalent amount of 50 mg of Metoprolol and 10 mg Atorvastatin sample were transfered into a 100 mL clean dry VF to which 7 mL of diluent was added and sonicated to dissolve completely and made the volume up to the mark with the mobile phase and filtered through 0.45 micron Injection filter after which 1.5ml of this solution was pipetted into a 10ml VF and diluted using diluent.

#### Procedure

Mixture of phosphate buffer pH3 and methanol in the ratio 50:50% v/v was used as mobile phase which was injected into the system for 30 minutes prior to injecting the prepared solutions of standard as well as sample. Detection of the drug was achieved at the wavelength of 230nm at 25°C. After several trials, method was optimized followed by validation of the method considering various validation parameters.

#### **RESULTS AND DISCUSSION**

In the developed method, separation mode was isocratic and the column used to achieve the separation was Inertsil ODS (4.6 x 250mm) with particle size of 5.0 $\mu$ m. Binary solvent was used as mobile phase which is a mixture of Phosphate buffer pH3 and methanol in equal ratio. Flow rate was maintained at 1ml/min and runtime of 10 min with injection volume of 20 $\mu$ l at ambient temperature. The peaks obtained had good resolution and retention time of 2.478 mins for metoprolol and 4.169 for Atorvastatin respectively. The chromatogram of the optimized trial is shown in figure 3.

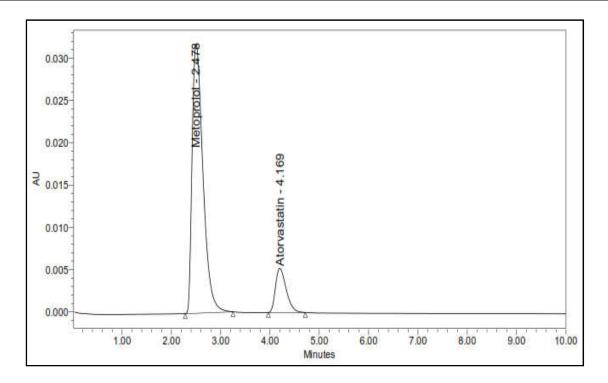


Figure 3: Chromatogram of the optimized trial

#### System suitability

Once the column was equilibrated, theoretical plates, asymmetric factor and resolution were evaluated by injecting the standard as well as sample solutions respectively into the chromatographic system and recorded the responses which determines the suitability of the chromatographic system for the analysis. The results are shown in the table 1.

S.No	Name	RT (min)	Area (μV sec)	Height (µV)	USP resolution	USP tailing	USP plate count
1	Metoprolol	2.478	536575	32710		1.43	5584.11
2	Atorvastatin	4.169	85809	5298	4.07	1.38	6560.51

**TABLE 1: RESULTS OF SYSTEM SUITABILITY PARAMETERS** 

#### Validation of the method

The proposed method was validated by evaluating various validation parameters such as specificity, linearity, accuracy and precision, detection and quantitation limit, robustness as well as stability of the method. Evaluation was done following the ICH guidelines. The method was specific as there were no interferences found due to the excipients. Linearity results obtained had good correlation and the assay result obtained was good and is shown in table 2.

**TABLE 2: ASSAY RESULTS** 

	Label Claim (mg)	% Assay
Metoprolol	50	100.03
Atorvastatin	10	99.82

#### Linearity

The linearity range was found to lie from  $25\mu$ g/ml to  $125\mu$ g/ml of Metoprolol,  $5\mu$ g/ml to  $25\mu$ g/ml of Atorvastatin. Correlation coefficient was observed to be greater than 0.999 for both the drugs. The

absorbance values for both the drugs and their calibration curve data are shown in table 3 and the linearity graphs are shown in figure 4 and 5 respectively.

S. No.	Metoprolol		Atorvastatin	
	Concentration (µg/ml)	Area	Concentration (µg/ml)	Area
1	25	177826	5	28052
2	50	357746	10	56700
3	75	539448	15	85185
4	100	717271	20	113978
5	125	890665	25	143962
Slope (m)	7140.8	1	5782	
Intercept	1030.3		1154	
R <sup>2</sup>	0.999		0.999	

#### **TABLE 3: RESULTS OF LINEARITY**

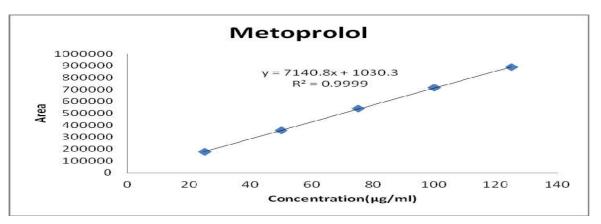
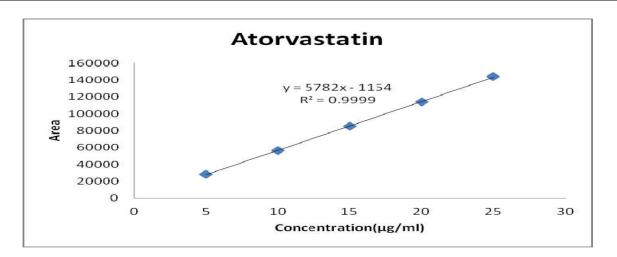
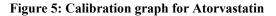


Figure 4: Calibration graph for Metoprolol





#### Accuracy

Sample solutions at different concentrations (50%, 100%, and 150%) were prepared and these concentration samples were spiked into the chromatographic system in triplicates and response

were recorded. The % recovery was calculated and the method was found to be accurate as the results were within the limits. Accuracy results are shown in table 4.

%Concentration	Area	Amount Added (mg)	Amount Found (mg)	% Recovery	Mean Recovery		
	Results for metoprolol						
50%	267451.7	25	24.96	99.82			
100%	532332.3	50	49.67	99.34	100.03		
150%	811114.3	75	75.68	100.91			
	Results for Atorvastatin						
50%	42711.7	5	4.99	99.83	99.82		
100%	85512	10	9.99	99.93			
150%	127978.3	15	14.96	99.71			

#### **TABLE 4: ACCURACY RESULTS**

#### Precision

Precision of the method was determined by evaluating the repeatability and intermediate precision/ruggedness. The was done by preparing 75ppm of Metoprolol and 15ppm Atorvastatin respectively and injecting into the chromatographic system six times. Their responses were recorded and the %RSD was calculated for metoprolol and Atorvastatin respectively and the results were found to be within the limits. The results are presented in table 5 and 6.

Injection	Area			
Injection	Metoprolol	Atorvastatin		
Injection-1	536587	85514		
Injection-2	536645	85722		
Injection-3	534973	85615		
Injection-4	539939	85728		
Injection-5	538130	85268		
Injection-6	539250	85258		
Average	537587.3	85517.5		
Standard Deviation	1860.8	212.2		
%RSD	0.3	0.2		

#### **TABLE 5: REPEATABILITY RESULTS**

#### **TABLE 6: INTERMEDIATE PRECISSION RESULTS**

Inicotion	Area		
Injection	Metoprolol	Atorvastatin	
Injection-1	530543	85499	
Injection-2	539435	85366	
Injection-3	530808	85790	
Injection-4	534588	85997	
Injection-5	531979	85525	
Injection-6	532150	85121	
Average	533250.5	85549.7	
Standard Deviation	3351.5	309.4	
%RSD	0.6	0.4	

#### Detection and quantitiation limit

For limit of detection and quantitation, the lowest concentration of the sample was prepared with

respect to the base line noise and measured the signal to noise ratio. The chromatograms of LOD and LOQ are shown in figure 6 and 7 where as the results are shown in table 7.

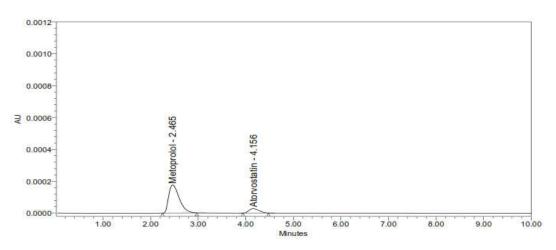


Figure 6: Chromatogram of Metoprolol, Atorvastatin showing LOD

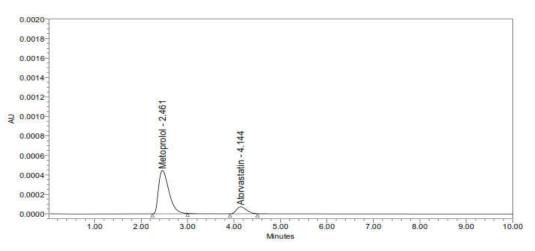


Figure 7: Chromatogram of Metoprolol, Atorvastatin showing LOQ

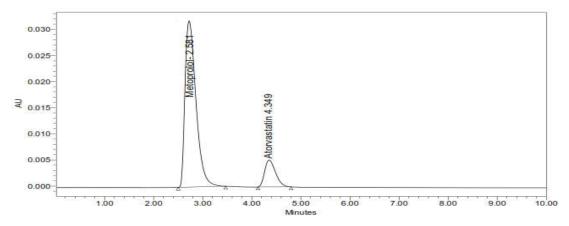
Drug name	Baseline noise (µV)	Signal obtained (µV)	S/N ratio					
	Resu	alts of LOD						
Metoprolol	58	174	3.00					
Atorvastatin	58	173	2.98					
	Results of LOQ							
Metoprolol	58	579	9.98					
Atorvastatin	58	580	10.00					

**TABLE 7: DETECTION AND QUANTITATION LIMIT RESULTS** 

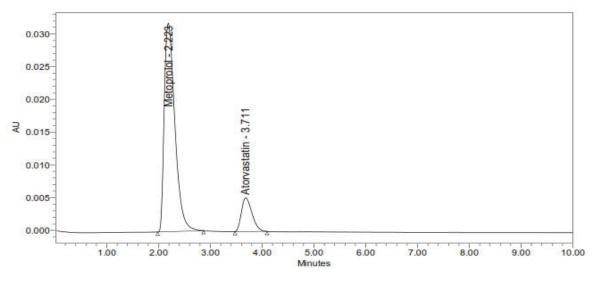
#### ROBUSTNESS

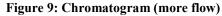
The standard and sample solution of Metoprolol and Atorvastatin were injected by changing the conditions of chromatography such as flow rate and mobile phase composition. No significant variation was observed in the parameters such as resolution, tailing factor, asymmetric factor, and plate count. Results are shown in table 8 and 9 and their respective chromatograms are depicted in figure 8-11.

#### Variation in flow rate



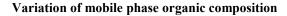


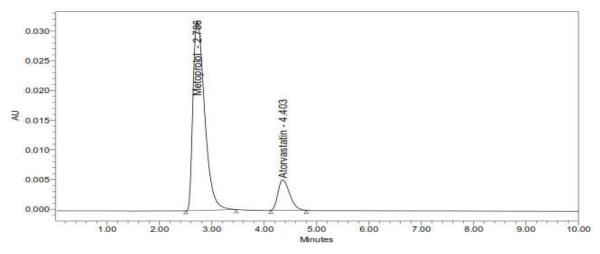


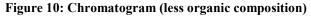


		System Suitability Results				
S. No	Flow Rate	Meto	prolol	Atorvastatin		
5.110	(ml/minutes)	USP Tailing	USP Plate Count	USP Tailing	USP Plate Count	
1	0.9	1.42	5615.00	1.28	6652.00	
2	1	1.43	5584.11	1.38	6560.51	
3	1.1	1.42	5611.61	1.24	6503.15	

#### **TABLE 8: RESULTS FOR VARIATION IN FLOW RATE**







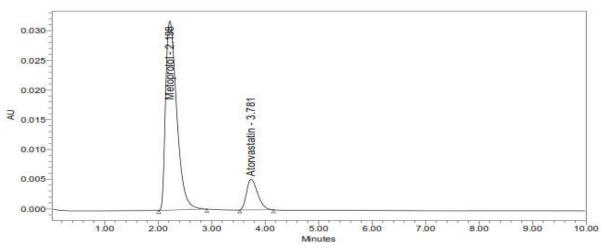


Figure 11: Chromatogram (more organic composition)

S. No	Character O martie	System Suitability Results				
	Change in Organic	Metoprolol		Atorvastatin		
	Composition in the . Mobile Phase	USP Tailing	USP Plate Count	USP Tailing	USP Plate Count	
1	10% less	1.37	5577.00	1.15	6337.00	
2	*Actual	1.43	5584.11	1.38	6560.51	
3	10% more	1.46	5625.00	1.28	6720.00	

#### STABILITY OF THE METHOD

The developed method to be stable was evaluated by adopting degradation studies of the metoprolol as well as Atorvastatin in presence of various stress conditions such as acid, base, peroxide, thermal degradation and photo degradation. The chromatograms of various degradation studies are shown in figure 12-16 and the results are depicted in table 10.

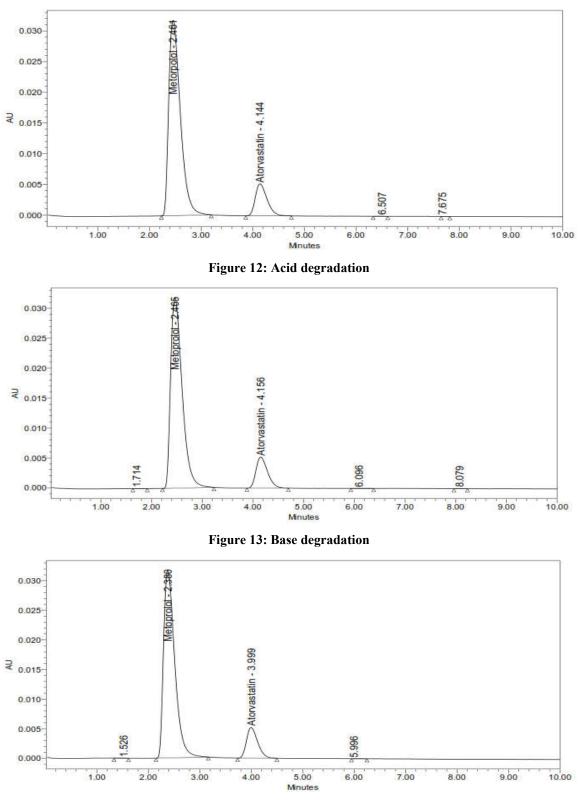


Figure 14: Peroxide degradation

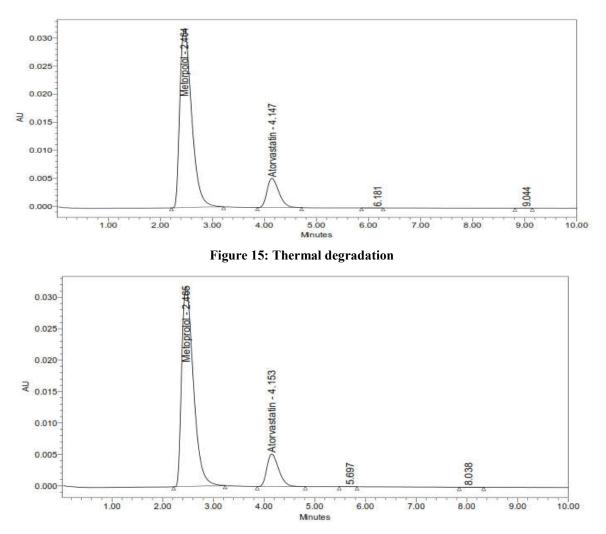


Figure 16: Photo degradation

TABLE 10: RESULTS FOR STABILITY OF METOPROLOL AND ATORVASTATIN

Samula Nama	Me	etoprolol	Ato	orvastatin
Sample Name	Area	% Degraded	Area	% Degraded
Standard	534777.3		85398.3	
Acid	496035	7.24	81506	4.56
Base	499639	6.57	80134	6.16
Peroxide	479014	10.43	78314	8.30
Thermal	504407	5.68	80534	5.70
Photo	467350	12.61	77687	9.03

#### CONCLUSION

The present research analytical study was aimed to develop a simple, precise, accurate, robust

and stable analytical method for the estimation of metoprolol and atorvastatin simultaneously and validate it by RP-HPLC method in tablet dosage form. The chromatographic separation was clear at the flow rate of 1 ml/min, and analysis time of 10.0 min, UV detection was at 244 nm. The assay for metoprolol and Atorvastatin were found to be 100.03 and 99.82 respectively. The linearity results of the developed method was greater than 0.999. From the recovery studies, the method was found to be accurate as the % recovery of the drugs were within the acceptable range. From the forced degradation studies, the method was found to be stable as the results were NMT 15%. Therefore, from the results obtained, it can be concluded that this can be employed for estimation of Atorvastatin and metoprolol in other dosage forms.

#### ACKNOWLEDGEMENT

The authors are thankful to Mr. MD Muzaffar ur Rehman for helping in the preparation of manuscript.

#### REFERENCES

- Wallace AW, Au S, Cason BA. Perioperative βblockade: atenolol is associated with reduced mortality when compared to metoprolol. Anesthesiology. 2011;114(4):824-36.
- Åblad B, Borg KO, Carlsson E, Ek L, Johnsson G, Malmfors T, Regårdh CG. A survey of the pharmacological properties of metoprolol in animals and man. Acta pharmacologica et toxicologica. 1975;36:7-23.
- Gómez-Moreno G, Guardia J, Cutando A, Calvo-Guirado JL. Pharmacological interactions of vasoconstrictors. Med Oral Patol Oral Cir Bucal. 2009;14(1):E20-7.
- 4. Lea AP, McTavish D. Atorvastatin. Drugs. 1997;53(5):828-47.
- Schwartz GG, Olsson AG, Ezekowitz MD, Ganz P, Oliver MF, Waters D, Zeiher A, Chaitman

BR, Leslie S, Stern T, Myocardial Ischemia Reduction with Aggressive Cholesterol Lowering (MIRACL) Study Investigators. Effects of atorvastatin on early recurrent ischemic events in acute coronary syndromes: the MIRACL study: a randomized controlled trial. Jama. 2001;285(13):1711-8.

- Group AS, Davidson M, McKenney J, Stein E, Schrott H, Bakker-Arkena R, Fayyad R, Black D. Comparison of one-year efficacy and safety of atorvastatin versus lovastatin in primary hypercholesterolemia. The American journal of cardiology. 1997;79(11):1475-81.
- Jensen BP, Sharp CF, Gardiner SJ, Begg EJ. Development and validation of a stereoselective liquid chromatography–tandem mass spectrometry assay for quantification of S-and Rmetoprolol in human plasma. Journal of Chromatography B. 2008;865(1-2):48-54.
- Ma L, Dong J, Chen XJ, Wang GJ. Development and validation of atorvastatin by LC–ESI–MS and application in bioequivalence research in healthy Chinese volunteers. Chromatographia. 2007; 65(11-12):737-41.
- Brijesh S, Patel DK, Ghosh SK. Development of reverse-phase HPLC method for simultaneous analysis of metoprolol succinate and hydrochlorothiazide in a tablet formulation. Tropical Journal of Pharmaceutical Research. 2009;8(6).
- 10. Bullen WW, Miller RA, Hayes RN. Development and validation of a highperformance liquid chromatography tandem mass spectrometry assay for atorvastatin, orthohydroxy atorvastatin, and para-hydroxy atorvastatin in human, dog, and rat plasma.

Journal of the American Society for Mass Spectrometry. 1999; 10(1):55-66.

- 11. Bhamare PC, Bari SB, Natarajan S, Patil AA, Patil SH, Shirode PT. Development and validation of a precise single stability indicating HPLC method for determinations of Metformin hydrochloride and Fenofibrate, in pure form and in pharmaceutical tablets. International Journal of PharmTech Research. 2011; 3(1):505-15.
- 12. Gomes FP, Garcia PL, Porto Alves JM, Singh AK, Kedor-Hackmann ER, Miritello Santoro MI. Development and validation of stabilityindicating HPLC methods for quantitative determination of pravastatin, fluvastatin, atorvastatin, and rosuvastatin in pharmaceuticals. Analytical letters. 2009; 42(12):1784-804.
- 13. Jain PS, Patel MK, Bari SB, Surana SJ. Development and validation of HPTLC method for simultaneous determination of amlodipine besylate and metoprolol succinate in bulk and tablets. Indian journal of pharmaceutical sciences. 2012;74(2):152.
- 14. Chaudhari BG, Patel NM, Shah PB, Modi KP. Development and validation of a HPTLC method for the simultaneous estimation of atorvastatin calcium and ezetimibe. Indian journal of pharmaceutical sciences. 2006; 68(6):793.
- 15. Kadav AA, Vora DN. Stability indicating UPLC method for simultaneous determination of

atorvastatin, fenofibrate and their degradation products in tablets. Journal of pharmaceutical and biomedical analysis. 2008; 48(1):120-6.

- 16. Modi M, Shah R, Mashru RC. Development and validation of spectrophotometric methods for simultaneous estimation of metoprolol succinate and telmisartan in combined pharmaceutical formulation. International Journal of Pharmaceutical Sciences and Research. 2012 ;3(5):1348.
- Kulkarni MN, Kshirsagar RV, Sakarkar DM. Development and validation of spectro photometric method for determination of metoprolol succinate. Int J of Chem Tech Res. 2009;1(4):1273-7.
- 18. Thamake SL, Jadhav SD, Pishawikar SA. Development and validation of method for simultaneous estimation of Atorvastatin Calcium and Ramipril from capsule dosage form by first order derivative spectroscopy. Asian J Res Chem. 2009; 2(1):52-3.
- 19. Chitlange SS, Imran M, Sakarkar DM. RP-HPLC method for simultaneous estimation of amlodipine and metoprolol in tablet formulation. Asian Journal of Pharmaceutics (AJP): Free full text articles from Asian J Pharm. 2014;2(4).
- ICH Q2B guideline (1996), Validation of Analytical Procedures: Methodology, Guidance for Industry, 1-10.

CONFLICT OF INTEREST REPORTED: NIL ;

#### SOURCE OF FUNDING: NONE REPORTED